

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
READ a BOOK	Talk about all the items in your home that are different colors.	Talk about the sounds you hear in your home (i.e., hum of the fan, buzz of the fridge)	Serve smaller portions at mealtimes, encourage your child to make requests if still hungry (<u>WANT</u>)	Help your child tap, clap, or snap to the beat of songs you sing or listen to together	Demonstrate good listening skills by listening to your child with body posture that suggests interest	READ a BOOK
READ a BOOK	Talk about <u>RED</u> things around your home	Talk about the sounds you hear in your home (i.e., hum of the fan, buzz of the fridge)	While folding the laundry with your child, talk about who has <u>MORE</u> laundry	Help your child tap, clap, or snap to the beat of songs you sing or listen to together	Set aside a daily sharing time with your child to allow them a chance to tell you about their day	READ a BOOK
READ a BOOK	Talk about <u>BLUE</u> things around your home	While outside, talk about the sounds you hear (i.e., buzz of a bug, chirp of a bird, car horn)	Serve smaller portions at mealtimes, request everyone to ask for <u>MORE</u> if they are still hungry	Assist your child in clapping one time for every word heard in a sentence ("He is nice." gets 3 claps)	When your child is successful, give lots of praise. It is alright to praise the attempt even if your child is not successful.	READ a BOOK
READ a BOOK	Talk about <u>YELLOW</u> things around your home	Talk about <u>LOUD</u> vs <u>SOFT</u> sounds	Talk about an <u>EMPTY</u> trashcan, laundry basket, cup, or toy box	Help your child tap, clap, or snap to the beat of songs you sing or listen to together	When giving directions, make them short and simple. (A 3 year old can remember and respond to 3 words)	READ a BOOK
READ a BOOK	Talk about <u>GREEN</u> things around your home	Talk about <u>HIGH</u> (i.e., a siren) vs <u>LOW</u> (i.e., a drum beat) sounds	When preparing a meal or finishing a meal, talk about whose plate, bowl, or cup is <u>EMPTY</u> .	Assist your child in clapping one time for every word heard in a sentence ("He is nice." gets 3 claps)	Have your child say your directions back to you.	READ a BOOK